



Our Lady of Lourdes Physician Group

Pediatrics at WCC
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ANXIETY ASSESSMENT PROCESS

Hi there!

Thank you for reaching out about evaluating your child for anxiety. To help us better understand how your child has been feeling and coping both at home and in everyday situations, we use the SCARED (Screen for Child Anxiety Related Disorders) forms, which gather valuable insights for the evaluation process.

The SCARED has two parts that work together: a parent form and a child form. We ask that you complete the parent form, sharing your observations of your child's worries, fears, and behaviors as you've noticed them. If other caregivers have helpful input, they are welcome to complete a form too.

We also ask that your child complete their own form. Because anxiety is often something a child feels on the inside, their own responses give us important information we can't get any other way. Children roughly age 8 and older can usually complete the form themselves; for younger children or those who need a hand, you're welcome to read the questions aloud and let them answer in their own words. Please encourage them to answer honestly — there are no right or wrong answers.

Child Form



joshnp.com/scared-child

Parent Form



joshnp.com/scared-parent

Once we've received both forms, we'll contact you to schedule a follow-up visit. During this appointment, we'll review the results together and discuss any next steps.

Thank you for trusting us with your child's care. We look forward to working with you to support their success and well-being.

Yours in Health,

Joshua LeJeune, FNP, PMHS

Nurse Practitioner, Pediatric Primary Care Mental Health Specialist
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